

CENTRAL FLORIDA CARDIOLOGY GROUP, P.A. CARDIAC PET IMAGING
1745 North Mills Avenue · Orlando, Florida 32803 PH:(407) 841-7151

In the event the following instructions have not been followed the PET exam may be rescheduled. If you are unable to keep this appointment you must notify our office 2 business days prior to your test.

A cancellation fee of \$100.00 will apply if notice is not provided.

How do I prepare for my exam:

- * **Do not eat anything for 4 hours prior to your exam time**
- * **You must avoid all caffeinated and decaffeinated products 24 hours prior to your appointment**
- * You must avoid all nicotine products 24 hours prior to your appointment
- * Wear comfortable clothing
- * Refrain from wearing lotion, perfume or cologne the day of your exam
- * Bring all your medications (including inhaler) or list of current medications including dosages

How the test is performed:

- * An IV line will be placed in your arm to allow administration of medication and radioactive tracer
- * Electrodes will be placed on your chest to allow monitoring and recording of your heart rate
- * You will lie on a narrow table and you must remain still for approximately 35 minutes during the test so the machine can produce clear images of your heart
- * Blood pressures will be recorded at intervals during the exam
- * The PET camera will take two sets of images, one at rest and one at stress
- * The appointment will take about 60 minutes

Why the test is performed:

The Cardiac Pet exam allows your physician to look at the flow of blood to the heart muscle

Is the Cardiac PET scan safe:

The amount of radiation exposure from the tracer is extremely low as compared to the quality of information gained from having a PET scan performed